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## FOR IMMEDIATE RELEASE

### **For general information:**

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### **For event information:**

National Association of Home Builders  
National Green Building Conference  
1201 15th Street, NW  
Washington, DC 20005  
800-368-5242  
[lleonard@nahb.com](mailto:lleonard@nahb.com)  
[www.nahb.org/conference](http://www.nahb.org/conference)

**BAINBRIDGE ISLAND, WA** – Sustainable kitchen and bath designer, Molly McCabe, AKBD, of *A Kitchen That Works*, will be co-presenting with David Bennink of RE-USE Consulting, Sustainable Alternatives to Demolition at the National Association of Home Builder's National Green Building Conference in Dallas, TX. on May 10, 2009.

McCabe and Bennink's presentation is titled Sustainable Alternatives to Demolition and will take the participant through the what, when, how and why of deconstruction. Deconstruction is the practice of methodically dismantling built structures such as homes, office buildings, manufacturing facilities, sports stadiums, etc. in an effort to salvage as much of the structures components for future use as possible. Deconstruction preserves our natural resources, reduces the burden on our landfills, saves money and creates green jobs.

Molly McCabe and David Bennink collaborated on the deconstruction of McCabe's Bainbridge Island residence diverting over 40,000 pounds of construction debris from the landfill while providing significant quantities of repurposed materials for her Three Star Built Green whole house remodel as well as materials for other local homes and non-profit agencies. For more information you can contact Molly McCabe, AKBD at [molly@akitchenthatworks.com](mailto:molly@akitchenthatworks.com) or go to [www.nahb.org/conference](http://www.nahb.org/conference).